

Chesterfield / Colonial Heights

Inside CSA

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CSA Contact Info

- Karen Reilly-Jones-CSA Coordinator
(804) 768-7387
- Jane Lanham-CSA Specialist
(804) 751-4797
- Kristi Schabo-School Services Manager
(804) 717-6901
- Lynne Sims-Administrative Assistant
(804) 717-6114
- Malinda Bowers
Sr. Administrative Analyst
(804) 706-2877
- CSA FAX
(804) 717-6133



Spotlight on Success

By Kristi Schabo



All our dreams can come true. if we have the courage to pursue them.” - Walt Disney

The end of the school year is always an exciting time. Students and teachers are anticipating a long break from the rigors of school, vacation plans are being finalized, teens are hitting the workplace full time, and camps and day programs gear up for summer fun. However, for some students the end of the school year has far greater meaning. For these students, the end of the school year signifies the closing of one chapter in the story of their life. As that last word

is written, a fresh, new page is turned. These students, known as Graduates, have worked hard to get where they are, but realize that the adventure has just begun.

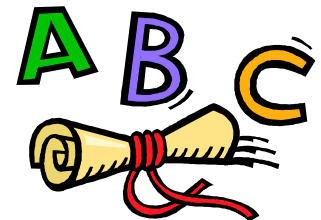
This year the Chesterfield and Colonial Heights CSA office is proud to announce that 14 students fulfilled the requirements for high school graduation during the 2011-2012 school year.

As many of you probably remember, making it through high school was not easy. In the best of situations high school is challenging, but coupled with a disability or any one of the issues that plague children in foster care, completing high school can be an insurmountable task. It is no wonder that less than 50% of children in foster care receive a high school diploma or equivalent.

We, at the CSA office, would like to congratulate the 2012 graduates on their GREAT accomplishment.

Anna
Anthony
Audwin
Christopher
Lee
Devon

We wish you all the best and great success in the future!!



VALUES

The Chesterfield/Colonial Heights Community Policy and Management Team believes the family and home community provides the best environment for raising children and that collaborative activities ensure best service provision.

CSA MISSION

Our mission is to preserve families by providing community-based services for at risk youth.

CSA VISION

To ensure the provision of child-centered, family-focused, community-based services.

CSA BASICS-Community Staffings

By Karen Reilly-Jones

For years we have made efforts to become a system of care community. As a result of those efforts, we have championed family engagement practices, built strong community relationships, increased effective community based supports, reduced the number of children in foster care, reduced the need for out of home placements for children needing treatment, increased the number of children returning directly to family, increased the effectiveness of services.

These successes are mainly due to a community that lives out the system of care core values:

- 1. Child centered and family focused, with the needs of the child and family dictating the types of mix of services provided.**
- 2. Community based, with the focus of services as well as management and decision-making responsibility resting at the community level.**
- 3. Culturally competent, with agencies, programs, and services that are responsive to the cultural, racial, and ethnic differences of the populations they serve.**

Stroul, B., & Friedman, R. (1986). A system of care for children and youth with severe emotional disturbances (Rev. ed.). Washington, DC: Georgetown University Child Development Center, National Technical Assistance Center for Children's Mental Health: Reprinted by permission

This past year we started a new process aimed directly at earlier screening and assessments for children and families through a community perspective. This process is called a community staffing. When a community staffing occurs, the family is asked to lead the discussion which provides a unique and personal perspective to participating agency partners (Department of Social Services, Community Mental Health, Court Service Unit, schools, and the Comprehensive Services). The objective of the community staffings is to assist in making appropriate community connections and recommendations for the family.

Community staffings are available to anybody needing to problem solve complicated cases with multiple needs. It was implemented to be used as a support network for children and families when in need of a collaborative approach in addressing their needs.

When should a community staffing be requested?

- ◆ When a case has been identified in need of a community forum to discuss ideas and thoughts with agency partners to address the individual needs of children and families.
- ◆ When a family comes to an agency requesting services out of the scope of the agency, but could benefit from community agencies coming together to assist with the situation.
- ◆ When a family is willing and available to participate with the staffing

How should a community staffing be arranged?

Once a case has been identified for a community staffing follow these steps:

- 1. Call Karen Reilly-Jones, CSA Coordinator (768-7387) to schedule meeting**
- 2. Identify few times and days to meet (60-90 minutes)- Parents/family should participate**
- 3. Find a location to hold the meeting**

RESOURCE UPDATE-EPSDT

What is EPSDT?

Early and Periodic Screening, Diagnosis, and Treatment Services (EPSDT) is a comprehensive and preventive child health program for individuals under the age of 21. EPSDT includes periodic screening, vision, dental and hearing services. In addition, under the Social Security Act Section 1905(r)(5), states are required to provide any medically necessary health care services listed at section 1905 (a) of the Social Security Act to correct and ameliorate physical and mental conditions even if the service is not included under the state's Medicaid plan.

Virginia's EPSDT program goals are to keep children as healthy as possible by:

- ◆ Assuring that health and developmental concerns are diagnosed as early as possible,
- ◆ Assuring that treatment is provided before problems become complex, and
- ◆ Assuring that medically justified services are provided to treat or correct identified problems.

Who is eligible for EPSDT services?

- ◆ Children under the age of 21 who receive Medicaid through Medicaid/FAMIS Plus or a MCO are eligible to receive the full scope of Medicaid/EPSDT services
- ◆ FAMIS children who are not enrolled with a Managed Care Organization
- ◆ MCO enrolled FAMIS children receive well child services through their MCO but are not eligible for the full scope of EPSDT treatment

EPSDT screenings are conducted by physicians or certified nurse practitioners and can occur during the following:

- ◆ Periodic Screening – Check up that should occur at regular intervals. Virginia uses the American Academy of Pediatrics and Bright Futures guidelines to develop the Virginia EPSDT periodicity schedule.
- ◆ Inter-periodic Screening – unscheduled check-up or problem focused assessment that can happen at anytime because of illness or a change in condition. Any caregiver or professional who interacts with the EPSDT enrollee may request the screening.

What are the required components in EPSDT screenings?

- ◆ Comprehensive unclothed physical exam
- ◆ Patient and family medical history
- ◆ Developmental Screening
- ◆ Preventive laboratory services including ○ Mandatory Lead testing at 12 months and 24 months
- ◆ Age appropriate Immunizations
- ◆ Referral to a dentist at age 1
- ◆ Age appropriate anticipatory guidance/health counseling
- ◆ Referrals for medically necessary health and mental health treatment

All requests for EPSDT treatment services must:

- ◆ Be deemed medically necessary to correct or ameliorate a health or mental health conditions
- ◆ The need for specialist referral or treatment must be documented by a physician
- ◆ Services that are considered experimental or investigational are not covered

The most frequently provided EPSDT specialized services are:

- ◆ Hearing Aids
- ◆ Personal Care
- ◆ Assistive Technology
- ◆ Private Duty Nursing
- ◆ Behavioral Therapy
- ◆ Medical Formula and Medical Nutritional Supplements
- ◆ Substance Abuse Residential Treatment
- ◆ Specialized Residential Behavioral Therapy and Residential Treatment

You can find out more about EPSDT at:
http://dmasva.dmas.virginia.gov/Content_pgs/mch-home.aspx

CHECK THIS OUT!

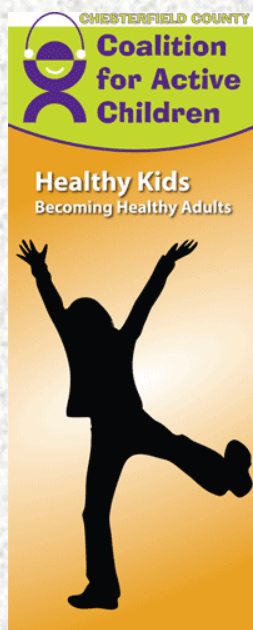
In the Community

Family Field Day

August 28, 2012 10:00am—1:00 pm

Randolph Farm at Virginia State University

4415 River Road, Petersburg, VA 23803



Come and have fun on the farm petting farm animals and learning about ways to become healthier! This free event, hosted by Virginia State University Cooperative Extension in partnership with COACH, the Chesterfield Coalition for Active Children, will offer children and their families the opportunity to have fun and learn about a new program called 5210. This program helps children to be healthier by following these four easy steps on a daily basis: 5 - Eat at least 5 fruits and vegetables. 2 - Limit screen time to 2 hours or less. 1 - Get at least 1 hour of physical activity. 0 - Drink no sugary beverages - instead increase the amount of low-fat milk and water consumed. Visit with more than 25 vendors with games, food demonstrations, obstacle course, moon bounce, hoola hoops, Life 4 Kids' mobile gym bus and more. Register to win prizes including kids' bikes. In addition, the American Heart Association will be disseminating information on heart health for women.

THE FACES OF FAPT NANCY TOSCANO



Explain your role on FAPT. I am the private provider representative on the Pink (education) team. With the team, my role is to ask questions and listen critically to the cases to ensure the services that are in place, are successfully meeting the goals for the child and family. When something seems off-base, my team members and I troubleshoot with the family, case manager and providers and hopefully offer good direction so goals are met.

How long have you been a FAPT member for Chesterfield/Colonial Heights? I have been on FAPT for about 3 years, first serving on **Green** team, and this year, serving on the **Pink** team.

How did you get involved with FAPT? I am a regional director at a statewide nonprofit, United Methodist Family Services (UMFS). UMFS has had a great partnership with Chesterfield/Colonial Heights for many years. I was approached by Karen Reilly-Jones to serve on the team and was happy to accept the invitation.

What do you like about being on FAPT? There are several things I like about being on FAPT. I know that the FAPT members are truly dedicated to responding to the needs of the families. I like the interdisciplinary approach to assessing progress for a child and family. I like the sense of community Chesterfield/Colonial Heights CSA offers.

What is your best and/or favorite FAPT success story?

There are several success stories of children and families struggling, services are put in place and you can see the stress removed and hope restored for them. One case, in particular comes to mind, where the young man - 18 years old, came in to present his accomplishments and needs to the team. I had not known him for as long as some of the other members, but I could feel the sense of pride everyone felt with how far he had come in the 7-8 years the team had supported him.

What is your favorite FAPT office holiday decoration?

The explosion of shamrocks for St. Patrick's Day ranks high for me!



DID YOU KNOW.....

- ◆ The Colonial Heights Office on Youth offers many classes and workshops that are open to Chesterfield County residents (space permitting). Check out what they have planned at: <http://www.colonialheightsva.gov/index.aspx?nid=267>
- ◆ www.militarykidsconnect.org/ is a great website for military kids, parents, teachers and caregivers.
- ◆ **BULLY**, a full-feature documentary film on peer-to-peer bullying in schools across America is currently playing in the Greater Richmond Area. Locations and times can be found at: http://www.fandango.com/bully_145958/movieoverview

**SAVE THE DATE
OCTOBER 29, 2012
FAPT FALL TRAINING
DAY**



CVPY 2012 Partnership Awards

The CVPY will recognize two individuals, one from the public sector and one from the private sector who have demonstrated excellence in the area of service, collaboration and communication to children, youth and families.

Nominations for 2012 are now open. To make an nomination, download the forms from the CVPY website <http://www.cvpy.org> and e-mail them as an attachment to nominations@cvpy.org. Nominations are due no later than September 7, 2012. Winners will be announced September 24, 2012 at the CSA Vendor Fair/Training Day. Every person entering a nomination will be entered into a drawing for a 15 minute therapeutic massage the day of the event.

**BE SURE TO REGISTER FOR THE VENDOR FAIR!!!!
PARTICIPANT REGISTRATION HAS ALREADY BEGUN**

www.cvpy.org